

The Art of Journaling Materials List

Instructor: Sandy Coleman

Supplies:

- Bound journal of mixed-media paper (sewn binding or spiral to open flat to work on spreads). You can also use a bound sketchbook that we will prepare for journaling. *Strathmore has great mixed-media options; here are links to two, one inexpensive, one a little pricier:*

https://www.amazon.com/Strathmore-362500-90-Pound-40-Sheet-8-5-Inch/dp/B006ARD7PW/ref=as_li_ss_tl?encoding=UTF8&pd_rd_i=B01BB0SLBC&pd_rd_r=PRB8J082TRR3JAGWP5N5&pd_rd_w=9jdsS&pd_rd_wg=0dkHp&refRID=PRB8J082TRR3JAGWP5N5&th=1&linkCode=sl1&tag=thinkwrite-20&linkId=1969c3772dda04adbd60f29a8a076414

https://www.amazon.com/Bound-Mixed-Journal-Product-Catalog/dp/B00CEHAW4G/ref=sr_1_5?s=office-products&ie=UTF8&qid=1539704710&sr=1-5&keywords=strathmore+art+journal+bound

- Gesso (a primer to prepare pages for paint)
- Acrylic paint (small containers of inexpensive craft paint in a variety of colors)
- Stencils
- Ephemera and embellishments (copies of handwritten letters, recipes, old photos, old magazines and book pages to cut up, etc., print out of favorite quotes)
- Pretty paper with prints
- Gift wrapping tissue paper (variety of colors)
- Matte gel medium
- Black Sharpie marker and other colors
- Watercolor pan set
- Gelli roll pens
- White paint pen or marker
- Glue stick
- Washi tape with patterns/prints
- Assortment of Golden high flow paints (two to three of your favorite colors)
- Spray bottle for water

Local Supply Resource for most art supplies:

Greg Dorrance Co.
Attleboro, MA 02703
(508) 222-6255